

# CalFresh Clinics



## At the FRC

(Formerly known as Food Stamps)

Effective October 2014

**Free  
application  
assistance is  
available at:**

**Family Resource  
Center**

39155 Liberty St.  
Bldg. ABCD  
Welcome Center  
Fremont, Calif.

**Call  
574-2000**

to set up your  
20-minute  
appointment

You can now apply  
online. See other  
side for info.

**Translation  
Services  
Available  
For Your  
Appointment**



**If you are working or unemployed,  
you and your family may qualify  
for CalFresh assistance!**

In Alameda County, assistance comes in the form of a debit card.  
It can be used instead of cash to pay for food in most stores.

**To qualify for CalFresh, you need to:**

- Have at least one U.S. citizen or legal permanent resident in your household.
- Meet the gross monthly income limits as listed on the back.
- Not be receiving SSI, Supplemental Security Income.  
(But if there are other household members living in the home who do not receive SSI, they may be eligible for CalFresh.)

**Please bring copies of the following documents to  
your appointment:**

- I.D. card (any type is okay)
- Social Security Number for everyone in the household who has one
- Birth certificates for children living in the household
- Bank Account Statements (checking and/or savings)
- Proof of Income (check stubs or letter from employer)
- Proof of Expenses (rent, utilities, child care or child support)

Upon arrival for your appointment, please  
sign in at the FRC Welcome Center.

1-800-870-3663  
510-635-3663

Appointment Date \_\_\_\_\_ Time \_\_\_\_\_



## CalFresh Gross Income Limit

(200% of Poverty Level)

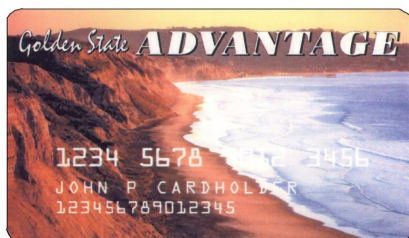
Household Size	Gross Monthly Income*	Approximate Benefit
1	\$1,946	Up to \$194
2	\$2,622	Up to \$357
3	\$3,300	Up to \$511
4	\$3,976	Up to \$649
5	\$4,652	Up to 771
6	\$5,330	Up to 925
7	\$6,006	Up to \$1022
8	\$6,682	Up to \$1,169
For each add'l household member add:	\$678	\$146

**\*Gross Monthly Income** includes all income sources for all household members (e.g. salary and wages, unemployment benefits, disability benefits, child support, spousal support, etc.). All households must provide proof of income.

If your household has at least one person who is **age 60 or older**, or **who has a disability**, your income can be over the amounts listed in the chart. A few exceptions to these new guidelines apply. Please call us to find out if you might qualify.

The numbers in this chart are based on the number of legal residents in the household. **If your household contains both legal and undocumented residents**, please call us to determine eligibility so we can calculate the modified income for your household and compare to the chart.

**\*NEW\* APPLY ONLINE:** You can now apply online for CalFresh benefits, as well as Medi-Cal and Cash Assistance programs. Apply at [www.MyBenefitsCalwin.org](http://www.MyBenefitsCalwin.org). Please enter URL address exactly. Have your documents handy, so you can enter the requested info easily.



**Your CalFresh benefit comes in the form of a debit card** which is discreet and easy to use. Every month your benefit is automatically loaded onto your card. Just take it to the grocery store and use it to buy food!

